

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hoole Church of England Primary School Lent Journey A Pilgrim's Pathway On Tuesday 16<sup>th</sup> February enjoy your pancakes and think some positive thoughts!</b>			<b>17 February</b> <input type="checkbox"/> <b>Ash Wednesday</b> Find a buddy that you can do some of these challenges with. Chat about it.	<b>18</b> <input type="checkbox"/> Thank a grown up for the things they do for you.	<b>19</b> <input type="checkbox"/> Spend some time reflecting, perhaps with the finger labyrinth. Think some positive thoughts.	<b>20</b> <input type="checkbox"/> Can you try not to use a screen today? Read a book, draw, play or dance instead!
<b>21</b> <input type="checkbox"/> Find a quiet place and think of at least 6 people who help and support you. Maybe pray for them.	<b>22</b> <input type="checkbox"/> Pay someone a compliment. Go and tell them how wonderful they are or how much you like what they do.	<b>23</b> <input type="checkbox"/> Go outside and find something beautiful in nature.	<b>24</b> <input type="checkbox"/> Write a list of all the things you are grateful for.	<b>25</b> <input type="checkbox"/> Do something to save energy. Switch of lights or electric games.	<b>26</b> <input type="checkbox"/> Write a note to someone to tell them how much you appreciate them.	<b>27</b> <input type="checkbox"/> Ask an adult to help you cook something for the family to enjoy.
<b>28</b> <input type="checkbox"/> Be super helpful all day; try to help with as many jobs as possible to give your grownups a rest day.	<b>1 March</b> <input type="checkbox"/> <b>St David's Day</b> Find out about St David. Draw a daffodil to use as a card to cheer someone up.	<b>2</b> <input type="checkbox"/> Tell someone something you really like about them.	<b>3</b> <input type="checkbox"/> Spend sometime using the Finger Labyrinth. Think about how you feel, are you happy? Can you share this with someone?	<b>4</b> <input type="checkbox"/> Take a moment to be thankful for all the food you have each day.	<b>5</b> <input type="checkbox"/> Tidy your bedroom without being asked.	<b>6</b> <input type="checkbox"/> Have a proper chat with someone in your family; ask an adult if you can phone them up.
<b>7</b> <input type="checkbox"/> Draw a beautiful pattern or picture to give to someone you love.	<b>8</b> <input type="checkbox"/> Email a friend and tell them what you love about them.	<b>9</b> <input type="checkbox"/> Look for ways to encourage others to relax and rest.	<b>10</b> <input type="checkbox"/> Say sorry first, even if you don't think it was your fault	<b>11</b> <input type="checkbox"/> Help with the washing up.	<b>12</b> <input type="checkbox"/> Plan a surprise for someone that you know they will enjoy	<b>13</b> <input type="checkbox"/> Draw a heart and write inside it all the ways you can show love to someone.
<b>14</b> <input type="checkbox"/> <b>Mothers' Day</b> Be especially helpful at home and ask what you can do for others	<b>15</b> <input type="checkbox"/> Smile at as many people as you can today. Try to count how many people smile back.	<b>16</b> <input type="checkbox"/> Look after someone younger than you or a pet. Play a game with them or just chat.	<b>17</b> <input type="checkbox"/> <b>St Patrick's Day</b> Find out about St Patrick. Write what you discover on a green clover shape.	<b>18</b> <input type="checkbox"/> Write a letter to someone you haven't seen for a while.	<b>19</b> <input type="checkbox"/> Find leaves and sticks outside and use them to make a picture.	<b>20</b> <input type="checkbox"/> Make some biscuits to give to others.
<b>21</b> <input type="checkbox"/> Make some cards to give to people in your street for Easter	<b>22</b> <input type="checkbox"/> Plant some seeds in the garden.	<b>23</b> <input type="checkbox"/> Think of as many ways of cheering sad people up as you can.	<b>24</b> <input type="checkbox"/> Tell someone you love why they are wonderful.	<b>25</b> <input type="checkbox"/> Tidy your toys after you have played in the garden.	<b>26</b> <input type="checkbox"/> Go for a walk and look for signs of spring.	<b>27</b> <input type="checkbox"/> Help with dusting the house and tidy up your room
<b>28</b> <input type="checkbox"/> Make a "What I love about you!" card for someone.	<b>29</b> <input type="checkbox"/> Learn to say "Happy Easter" in another language.	<b>30</b> <input type="checkbox"/> Write a poem about spring or Easter	<b>31</b> <input type="checkbox"/> Find something you could give to a charity shop- check with adult first before you give it away.	<b>1 April</b> <input type="checkbox"/> <b>Maundy Thursday</b> Spend some time reading the Easter Story. Do you have any questions? Write them down.	<b>2</b> <input type="checkbox"/> <b>Good Friday</b> Make a cross or draw one and write inside it all the feelings you have when you hear the Easter story	<b>3</b> <input type="checkbox"/> <b>Holy Saturday</b> Bake a cake or some biscuits and decorate them ready for tomorrow.
<b>4</b> <input type="checkbox"/> <b>Easter Sunday</b> Happy Easter! Alleluia! Say this to all your family with a hug.	<p style="font-size: 24px; font-weight: bold;">Thank you for taking part in the Pilgrimage Pathway to Easter this year.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="font-size: 24px; font-weight: bold;">I hope you have enjoyed it!</p>					