

Monday 13th May 2024

**Relationships and Sex Education (RSE)**

Dear Parents/Carers,

We are writing to inform you that during the first week back after half term (week commencing 10th June), Class Teachers will be delivering a series of RSE lessons to their class. We will be using elements of the Christopher Winter Programme and our SCARF PSHE curriculum which is outlined in the statutory guidance below:

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| **EYFS:** | **Lesson Objective(s)** | **Lesson Outcome(s)** |
| Caring Friendships | To recognise the importance of friendship. | To know that friendships can make us feel happy. To know some ways that we can make new friends feel welcome.  |
| Caring Friendships | To recognise the importance of saying sorry and forgiveness. | To know that arguing with friends and then making up can make friendships stronger.To know that resorting to violence is never right. |
| Families and People who Care for Me | To recognise that all families are different. | To identify different members of the family.To understand how members of a family can help each other.  |

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| **YEAR 1:** | **Lesson Objective(s)** | **Lesson Outcome(s)** |
| Respectful Relationships | To understand that we are all different but can still be friends. | To know that we can be friends with people who are different to us.  |
| Growing and Changing KS1 Science Objective: *Identify, name, draw and label the basic parts of the human body* | To discuss how children grow and change. | To understand that babies need care and support.To know that older children can do more by themselves.  |
| Families and People Who Care for meRespectful Relationships | To explore different types of families and who to ask for help.To identify who can help when families make us feel unhappy or unsafe. | To know there are different types of families.To know which people we can ask for help. |

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| **YEAR 2:** | **Lesson Objective(s)** | **Lesson Outcome(s)** |
| Respectful Relationships KS1 Science Objective: *Identify, name, draw and label the basic parts of the human body* | To introduce the concept of gender stereotypes.To identify differences between males and females. | To understand that some people have fixed ideas about what boys and girls can do.To describe the difference between male and female babies.  |
| Respectful RelationshipsKS1 Science Objective: *notice that animals, including humans, have offspring that grow into adults* | To explore some of the differences between males and females and to understand how this is part of the lifecycle. | To describe some differences between male and female animals.To understand that making a new life needs a male and a female.  |
| KS1 Science Objective: *Identify, name, draw and label the basic parts of the human body* | To focus on sexual difference and name body parts. | To describe the physical differences between males and females.To name the male and female body parts.  |

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| **YEAR 3:** | **Lesson Objective(s)** | **Lesson Outcome(s)** |
| Respectful Relationships | To identify that people are unique and to respect those differences. To explore the differences between male and female bodies. | To know and respect the body differences between ourselves and others.To name male and female body parts using agreed words.  |
| Caring FriendshipsRespectful Relationships | To consider appropriate and inappropriate physical contact and consent. | To understand that each person’s body belongs to them.To understand personal space and unwanted touch.  |
| Families and people who care for me | To explore different types of families and who to go to for help and support. | To understand that all families are different and have different family members. To identify who to go to for help and support. |

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| **YEAR 4:** | **Lesson Objective(s)** | **Lesson Outcome(s)** |
| Changing Adolescent Body KS2 Science Objective:*Describe the life process of reproduction in some plants and animals* | To explore the human lifecycle.To identify some basic facts about puberty. | To understand that puberty is an important stage in the human lifecycle. To know some changes that happen during puberty.  |
| Mental WellbeingChanging Adolescent BodyMenstruation KS2 Science Objective:*Describe the changes as humans develop to old age* | To explore how puberty is linked to reproduction.  | To know about the physical and emotional changes that happen in puberty. To understand that children change into adults to be able to reproduce if they choose to.  |
| Caring Friendships Respectful relationshipsOnline relationships | To explore respect in a range of relationships.To discuss the characteristics of healthy relationships. | To know that respect is important in all relationships including online. To explain how friendships can make people feel unhappy or uncomfortable.  |

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| **YEAR 5:** | Lesson Objective(s) | Lesson Outcome(s) |
| Mental Wellbeing Changing Adolescent BodyMenstruation | To explore the emotional and physical changes occurring in puberty. | To explain the main physical and emotional changes that happen during puberty. To ask questions about puberty with confidence.  |
| Changing Adolescent BodyMenstruation | To understand male and female puberty changes in more detail. | To understand how puberty affects the reproductive organs. To describe what happens during menstruation and sperm production.  |
| Mental Wellbeing Changing Adolescent BodyMenstruation | To explore the impact of puberty on the body and the importance of physical hygiene. To explore ways to get support during puberty. | To explain how to keep clean during puberty. To explain how emotions/relationships change during puberty. To know how to get help and support during puberty.  |

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| **YEAR 6:** | Lesson Objective(s) | Lesson Outcome(s) |
| Mental Wellbeing Changing Adolescent Body | To consider puberty and reproduction. | To describe how and why the body changes during puberty in preparation for reproduction. To talk about puberty and reproduction with confidence.  |
| Families and People who Care for MeCaring FriendshipsRespectful RelationshipsBeing Safe | To explore the importance of communication and respect in relationships.  | To explain differences between healthy and unhealthy relationships. To know that communication and permission seeking are important.  |
| Families and People who Care for MeKS2 Science Objective:*recognise that living things produce offspring of the same kind, but normally offspring very and are not identical to parents* | To consider different ways people might starts a family.  | To describe the decisions that have to be made before having children. To know some basic facts about conception and pregnancy.  |
| Online RelationshipsBeing SafeMental Wellbeing | To explore positive and negative ways of communicating in a relationship.  | To have considered when it is appropriate to share personal/private information in a relationship. To know how and where to get support if an online relationship goes wrong.  |

Parents/carers are welcome to review the teaching materials to be used during the relevant sessions for their child's year group. If any parent/carer wishes to do this, they must contact myself beforeFriday 24th May at the latest.

Yours Sincerely,

Mrs R. Flanders

Headteacher

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