

Your Three Week Menu

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken/Quorn Goujons, Potato Wedges and Seasonal Vegetables	Mac and cheese served with Garlic Bread and Seasonal Vegetables	Roast Gammon/Quorn with Roast/Mashed Potatoes, Gravy and Seasonal Vegetables	Chicken/Quorn Tikka Masala Curry with Rice, Naan Bread and Seasonal Vegetables or Hot Cheese & Ham Wrap with cucumber and carrot sticks	Cheese and Tomato Pizza served with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna or Cheese Sandwich
Sticky Toffee pudding with custard	Chocolate Mudslider	Trio of Melon	Strawberry Ice Cream Cake	Shortbread Finger

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef/Veggie Burger in a Bun with Potato Wedges, Seasonal Vegetables or Baked Beans	Cheese and Tomato Pasta Garlic Bread and Seasonal Vegetables	Beef/Quorn Cottage Pie with Seasonal Vegetables	Chicken/Quorn Korma, Rice and Seasonal Vegetables or Cheese and Tomato Pizza slice with carrot and cucumber slices	Battered Fish (MSC) or Vegetable Bake with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna or Cheese Sandwich
Apple Pie & Custard	Iced Wacky Chocolate Cake	Fresh Melon Wedge	Fruit Mousse	Vanilla Biscuit

Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork/Quorn Sausages with Mashed Potato, Seasonal Vegetables and Gravy	Beef/Quorn Spaghetti Bolognese with Garlic Bread and Seasonal Vegetables	Roast Chicken/Quorn Fillet served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	Fruity Chicken/Quorn served with Rice, and Seasonal Vegetables or Hot Pizza Baguette with carrot & cucumber sticks	Battered Fish (MSC) or Vegetable Bake with Chips and Peas or Baked Beans
Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans	Jacket Potato with either Tuna, Cheese or Baked Beans
Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna, Ham or Cheese Sandwich	Tuna or Cheese Sandwich
Apple & Cinnamon Muffin	Chocolate Cookie	Fresh Fruit Salad	Jelly & Fruit	Golden Crunch Cookie

**Available every day – Unlimited Salad, Freshly Baked Bread, Fruit Yoghurt, Fresh Fruit Platter, and Chilled Water.
For allergen information, please ask one of the Catering Team.**